



## 2019 MICRO-BLADE - PRE & POST INSTRUCTIONS

Please call us with any questions – 505-888-1185

### PRE-TREATMENT INSTRUCTIONS

Our goal at Flawless Med Spa is to make you feel beautiful! It is important that you understand the pre & post procedure before we perform the permanent makeup to ensure better outcome and understanding the necessary steps to prevent complications. Please read the following:

- Feel free to arrive with makeup that you normally wear or your favorite lip color, liner, brows shapes...pictures will be helpful.
- Your permanent makeup will appear much darker, the lines much "thicker", and overall a bit more dramatic for the first 1-7 days following your procedure. After the scab falls off your makeup will look much lighter than the desired shade but be patient. It will gradually get darker. This is totally normal. Don't freak out, the color will be consistent in 4 weeks.
- Color might fade and be slightly different than your desired shade depending on your undertone and body chemistry. Sometimes it might take multiple services to achieve the best result.
- Pregnancy: There is not enough information or data in permanent makeup to ensure your safety during pregnancy. Please advise your doctor before permanent makeup procedure.
- If you are using any skin lightening, Retinoid, bleaching, or chemical peels, please discontinue these products for 7-10 days prior to your procedure.
- If you are having your eyebrows done please do not tint or wax them within 48 hours of your appointment. If you have a tendency to swell, you may take over-the-counter pain medicine 1-2 hours before your appointment to ease your pain and comfort.

### POST -TREATMENT INSTRUCTIONS

DO NOT FORCE THE REMOVAL BY PICKING, SCRATCHING OR WASHING!!! PIGMENT MAY BE REMOVED ALONG WITH THE CRUST!

#### What to Do / Not Do

- Moisturize: Keep the area of pigmentation moist at least 4+ times per day: morning, night and twice in-between with Aquaphor for a minimum of 7-10 days. If a crust appears on the pigmented surface
- Do not apply antibiotic cream or ointment during the healing process.
- Change your pillow case every other day during the healing process.
- **Avoid for 1 week:**
  - Soaps, facial cleansers, water on pigmented areas
  - Washing pigmented area
  - Chlorine pools
  - Retin-A on pigmented areas
  - **NO** Makeup on pigmented area for 5 days, including non-allergenic



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- Hot, steamy, long showers
- Sun on pigmented areas
- Jacuzzi or saunas
- Terry towels on pigmented areas
- Shower with your back to the water to avoid water, shampoo and conditioner from getting into the pigmented areas.
- Protect your brows with Shea Butter or Shea Oil on the pigmented area during showers.
- Do not be alarmed by fading after the first application.
- The final color cannot be judged until at least 3 weeks after the touchup applications are completed. This is the reason follow-ups are required.

### What to Expect During the healing process

- Bruising: bruising is rare, but if it does occur, it is mild and will resolve within a few days.
- Discomfort/Swelling: discomfort is usually mild but you can take some counter pain medications to help you feel comfortable. If you know that you have sensitive skin and prone to swell, please ask your doctor for advice or prescription to ease your pain.
- Pigment Intensity: immediately following the procedure, the pigment will appear dark/vibrant. The color will fade within 7 to 10 days. After scabs fall off, the color will look lighter but be patient, the color will come back and settle into the final color.
- Color: effort will be made to achieve the exact color desired, but an exact match cannot be guaranteed due to different undertones in the skin and pigments being used.
- Pigment Irregularity: the pigment may heal inconsistently, with some areas healing lighter/darker than others. This is normal and cannot be anticipated. The touch-up procedure will correct this.
- Infection: is very rare, but can occur if the treated area is not kept clean and protected with the recommended Aquaphor for the first few days and healing cream after. Apply as often as every 3-5 hours for the first 3 days.
- Herpetic Breakout: this can occur with lip procedures if someone is prone to cold sores. An anti-viral must be taken four days prior to the procedure and for four days following the procedure for prevention. We suggest that you ask your doctor/pharmacist for the best brand that help with curing cold sores.

### What to do AFTER the area has healed

- **Always** put Elta sunblock on your brows, UV rays will fade out your brows.
- DO NOT use retinol cream or any face products that lighten your skin.
- Do not exfoliate the area that has been tattooed.
- Use moisturizer on regular basis (products without lightener).